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## Racing News

### Kits Invitational

Full result details and official photos for the Kits Invitational are available on the KYC website, <https://kyc.clubexpress.com/> Just scroll down to the Kits Invitational Regatta headline.

Brian forwarded the following pictures showing Mats Elf and Langdon Judge sailing to the race course on the Saturday morning of the Kits Invitational. They eventually won the 505 division.







### Spring Thursday Night PHRF Series by Simon Hill

After a windless first night and some confusion regarding registration systems, Kitsilano Yacht Club's inaugural PHRF keelboat Thursday series turned out to be a great success. The second race, on May 10, had sunshine and 10-12 kts of breeze, and the good weather continued throughout the series. Strong currents combined with light breeze created interesting challenges for the sailors in races three, four and five, an easterly wind changed things up for race six, and the final race had a classic English Bay 8 knot westerly. Dan and Bev La Casse drove in from Kelowna to run race committee, keeping ahead of the occasionally fickle winds to set perfect race courses. For those who came to the clubhouse after racing, there were plenty of door prizes and awards thanks to generous sponsorship from Helly Hansen, Central City Brewers, Evolution Sails and Karen Weiner of KW Elite Realty.

In Div 1, KYC's X119 "Brinehog" (Paul Wolstenholme) took the overall series honours, with TCYC's C&C 110 "Cayoosh" putting up a challenge for second. In Div 3, which saw 11 boats competing, KYC's Abbott 36 "Krikkit" (Simon Hill) won the overall series, with the J/29 "Rhumblin'" and Santana 30/30 "Jasmina" (both KYC boats) making it a close, hard-fought battle. Div 4 saw four boats compete, with TCYC's Catalina 27 "Ed" (Matt Avall) taking the win. The Martin 242 fleet some incredibly close sailing as always, with TCYC's "Broos" (Bruce McClacherty) edging out KYC's "Christian Bligh" for the overall win. We're looking forward to the Fall series and hope to see all the sailors back out on the race course. Remember, as is traditional for PHRF racing it's an interclub invitational series, so all are welcome.



Dan and Bev La Casse, race committee for the Spring and Fall PHRF series, relaxing on the deck after racing.



## North American Lightning Championships, San Diego, July 23 – 28

45 Lightnings from across North America, and two boats from South America, converged on Mission Bay Yacht Club for this regatta. Four KYC Skippers and their crews participated in the ten-race regatta and they were joined by nine boats from Vancouver Lake, Washington.

KYC sailors were:

Skipper Chris Duncombe, crew Janey Henley and Ian Weeks. Sail number 13788; Chris and his crew placed 28th.

Skipper Ran Vered, crew Yair Haalamish and Eli Mann. Sail number 13949; Ran and crew placed 44th.

Skipper Mathew Henley, crew Johanne Berube and Claire Weekes. Sail number 14841; Mathew and crew placed 35th.

Skipper Menno Bos, crew Ury Segal and Viqtor Germanor. Sail number 14453; Menno and crew placed 36th.

The top placing Canadian sailor, Richard Walsh, from Thunder Bay, came in 11th and top placing Vancouver Lake sailor was David McCallum, in 20th spot.

The following photographs were taken by Steven Ross Photography,

<https://steve-ross.smugmug.com/2018-Lightning-North-Americans/>



Fleet Captain Ran Vered and crew... sailing their leased 15000 series boat.



Ran Vered and crew again.



Matthew Henley, Johanne Berube and Claire Weekes.





Chris Duncombe, Jane Henley and Ian Weekes.. and the “bumblebee chute”





Honorary Life Commodore Matthew Henley and crew at the leeward gate.



Menno Bos and crew Ury Segal and Viqtor Germanor. Nice chute.. pole is a bit high..





Menno Bos and crew – “Taxi” from Mission Bay YC in the background.

## English Bay Scramble – August 11 and 12

Kathy and Achilles, sailing Cool Bean, placed First in this race! Congratulations!

If you would like more information on the Scramble, you can check out the website, <https://www.tiddlycove.bc.ca/event-2749313>.

Colm explained the Scramble to me...all the boats have to round every mark but they can round them in either direction and in any order. It sounds like lots of fun but perhaps a little confusing.

## Fall PHRF Series

KYC is proud to host the 2910 PHRF fall series. The series started on August 2nd and will finish on September 6<sup>th</sup> and you can check the KYC website for more information.

KYC member Debra Rousseau is a mark setter for the Fall PHRF series and she is also an excellent photographer with a good eye for sailing pictures. Debra has shared some of her pictures.

August 16











August 23











August 30













## **505 Canadian Championships - Sept 8-9, 2018**

Full details available on the KYC website,

[https://kyc.clubexpress.com/content.aspx?page\\_id=22&club\\_id=125850&module\\_id=304962](https://kyc.clubexpress.com/content.aspx?page_id=22&club_id=125850&module_id=304962)

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## Club News

### Sea Cadets by John Nosotti

Presentation at KYC AGM – Aug 23, 2018

This has been another successful year for the Greater Vancouver Branch of the Navy League.

As a result of greater access to opportunities to sail and gain skills, Diana Liang, one of Capt. Vancouver Cadets, was selected to be part of BC team to compete in the National Navy League Regatta, in Kingston Ontario. Last year Diana did not make it as a primary member of the team but did fill the position of back up spare if any one of the primary members could not compete. It was wonderful to see her get selected as part of the main team for this year's regatta. I am sure she will have many stories to tell about her experience in Kingston. Diana is also one of the competitors for the cadet team at the RVYC Commodores Cup next week.

Again, this year, we had the wonderful opportunity to use the club for our lunch breaks during the NL Cadet Summer Camp (youth between the age of 9 and 12) which took place over the Aug long weekend. We had youth from all over mainland BC attend the camp. First year cadets had the opportunity to be out on the keel boats in English Bay on the Saturday and the Sunday. Helen and I headed up a team of 7 volunteers from the branch who came to KYC on those two days to make lunch for our sailors. We had the cadets divided into shifts. Each day we fed two shifts for lunch. A total of 120 cadets and staff enjoyed the mid day meal at KYC.

Earlier in the year (May), we were able to provide lunch for our Sea Cadets on a Saturday and Sunday during one of their weekend exercises. The numbers were not as many. We served about twenty cadets and 10 staff during each day. Everyone enjoyed the experience and it was a great way to break up the training.

This year is a special year for us. It commemorates the 100 years of cadets in Vancouver sponsored by our branch. To show the significance of the event, the branch had a coin produced. The coin has been given to each member of the current cadet corps. It was also my honour to present one of these coins to Brian in recognition of the support from the club for our program.

In the beginnings of our youth program, the Boys Brigade provided potential career options for a life in the Navy or at least maritime industry activities. Today our sea cadet program still offers a taste of the marine commercial industry but also a view of what life is like in the Canadian Forces. There is no obligation for youth to choose either of these career options. We want our program to continue with citizenship building as a primary goal.

The coin presents a bust of Capt. Vancouver on one side along with a tall ship. The reverse side shows the unit crest for # 47 Capt. Vancouver Sea Cadets. Around the edge of the coin is the first verse of Heart of Oak which is the official march past for the Royal Canadian Navy. It is our hope that all the cadets that pass-through Capt. Vancouver will remember their time as a process of building their confidence and giving them a solid foundation of citizenship. We are also hoping that these youth will become strong members of our Alumni.

The partnership with KYC has been a positive step to achieving the goals of the branch and we thank the leadership of the club for embracing this opportunity.







reference in the song to 'flat-bottom' invasion barges.) These victories were followed a few months later by the Battle of Wandiwash in India on 22 January 1760. Britain's continued success in the war boosted the song's popularity.

The oak in the song's title refers to the wood from which British warships were generally made during the age of sail. The "Heart of oak" is the strongest central wood of the tree. The phrase "hearts of oak" appears in English translations of the Aeneid.

The reference to "freemen not slaves" echoes the refrain ("Britons never will be slaves!") of Rule, Britannia!, written and composed two decades earlier.

The first verse of Heart of Oak:

Come, cheer up, my lads, 'tis to glory we steer,

To add something more to this wonderful year;

To honour we call you, as freemen not slaves,

For who are so free as the sons of the waves?

## Co-op

Zenon Samila has taken over the position of Honourary Sail Bosun from John Lavery. John has worked very hard over the last two years to grow and strengthen the Co-op at Kits. Many thanks to John.

What is the KYC co-op?

The KYC co-op is for members who want to use various craft owned by the co-op. Every year on March 1st members pay a flat rate annual fee for unlimited use of the co-op equipment for that season. If you wish to join the co-op, please contact our club manager, Colm.

Currently in the co-op we have the following available for use.

- 1 x Cal 20
- 1 x 505
- 4 x Lasers (radial and full rig)
- 2 x 420's
- 1 x Windsurfer
- 2 x Single Kayaks
- 1 x Double Kayak
- 5 x Stand up Paddle Boards

This season the co-op costs each member \$189.00, members can join anytime, however please note that renewal of co-op membership takes place on March 1st annually.

For those of you who would like to skipper the Cal20 someday, please let Colm, our club manager, know and he can provide information on Basic keelboat sailing lessons to help you start that journey.

### **Cal20 and the Co-op**

Some of you may be aware that the KYC co-op and members of the Cal20 fleet have been tirelessly refurbishing a Cal20 "Oceania" which was donated to the KYC co-op last year.

Now this process is complete, we would like to make "Oceania" available to qualified KYC co-op members for sailing on English Bay. To be considered, you must be a current KYC member who has plenty of recent sailing experience and capable of skippering a keelboat.

There are many steps involved in launching and retrieving a keelboat as opposed to a dinghy at KYC. With this in mind we have put together a suitable orientation to help you with the steps needed to launch, sail, navigate and retrieve "Oceania" from the KYC pier.

Following the orientation, we will arrange a separate session to test your competency on what you have learned so you can be approved to use and skipper the Cal20.

For more information on the KYC Co-op Cal 20, please contact our club manager, Colm; for more information on Cal20s, please follow this [link](#).



## Elections

The AGM is scheduled for Thursday, October 18<sup>th</sup> and will include the election of officers for the 2019 season. Rob Varnel, Pacific Reach Fleet Captain and Club Director is chairing the committee charged with finding candidates. The following positions will be vacant:

Commodore

Vice Commodore

Staff Captain

Membership Director

Volunteer Director

More information on the election and the nominating process will follow and you can always go on online and read the Club bylaws (once you are logged on, click the Information drop-down menu and then select Documents. Club bylaws are the second document listed). Please give some thought about standing for election yourself or chat to members you feel would be good additions to the Executive Committee.



## Volunteer Opportunity

The club is looking for a volunteer to take on a new position of Assistant Financial Director. This position will work with our Treasurer, Fred Grimm, with the understanding that eventually they would stand for election for the Treasurer's position.

## Kitchen update



New member, Ian Giles, installed the new kitchen faucet.

## **From the Staff Captain**

**July 12**

This was the “recovery night” after the Kits Regatta and the night for Lightnings to pack up in preparation for their Californian Road Trip. Menno, Ury, Viqtor, Ran, Yair, Ely, Chris, Jane, Ian, Matthew, Johanne, and Claire all travelled to Mission Bay Yacht Club for the North American Lightning Championships.

### **The California Road Trip**

Matthew and Johanne, Chris and Jane, Menno and Rosemary trailered boats from Kits to San Diego and back and the remaining skipper and crew flew down. Ran and his crew chartered a local Lightning for the event. Google estimated the driving time from Vancouver to San Diego at just over a solid 24 hours.

Before heading to San Diego, Menno and I went to Kelowna for a few days. Bev and Dan La Casse, race committee for the Thursday night PHRF series, live in West Bank and kept the boat for us while we were visiting relatives.

The morning we left Kelowna, heading to San Diego, we encountered the first forest fire. Highway 97 south was single lane traffic only with RCMP escort through the fire area. We could see flames at the road side and we could see all the smoke from the fire across the lake, just at the south end of Kelowna.

We drove to Yakima the first night and, still on Highway 97, left early the next day headed for Weed, California. Just past the Washington/Oregon border we passed through miles of land burned black from bush fires. We also passed dozens of parked fire trucks and fields full of pup tents.





Weed, California is an enormous truck stop and was very, very hot, 35 degrees when we arrived. We had Asian American barbeque for dinner and the chef was cooking outside, in the full sun, on three large wood fire, oil drum barbeques – no idea how he managed all the heat!

Next day's destination was Bakersfield, passing through miles and miles of irrigated farm land, (a bag of 20 fresh picked avocados for \$5) and arriving in 38-degree heat.



Menno and Ozone in Bakersfield.

When we left Bakersfield, at 5:21 the next morning, it was already 25 degrees. The early morning start let us arrive in Los Angeles about 7a.m. on Sunday morning – planned to avoid as much Los Angeles traffic as possible.

We arrived in San Diego around lunch time and dropped the boat at the Mission Bay Yacht Club. We visited with several of the Vancouver Lake sailors and the boats were unpacked.

The Mission Bay area is a very busy water sports location. These pictures were taken on the drive leading to the clubhouse.



Paddle board lessons....



This was a very large canoe, not an OC6 or a dragon boat and also a training boat....





Kayak lessons in full swing.



And, of course, sailing lessons! A lot of sideboard equipped Sabots!





Mission Bay yacht Club, with reserved parking for Flag Officers!



Another view of the clubhouse.



Back of the clubhouse – there is a large covered deck to the left of the blue umbrellas and, off to the left is a sandy beach with picnic tables, an outdoor kitchen and another club building with additional washrooms and showers.



View of the club dock, taken from the covered deck attached to the clubhouse.





Menno, on arrival at the club.



Lots of activity as more and more boats arrive.





Erik, from Vancouver Lake, and Menno on the right.



Chris checking on his boat.



Claire and Jane



Matthew rigging Isabella



A view of the yard at Mission Bay Yacht Club.



The racing started on Wednesday and finished on the Saturday. On Tuesday afternoon there was a practice race but before that, all day Monday and most of Tuesday was regatta preparation. Every boat was weighed and inspected. Weights were added to boats that were too light and I'm not sure what heavy boats had to remove. Centre-board positions and sizes were inspected, and a shop and tools and assistance were provided to skippers and crews who needed to make adjustments before racing.

All three sails, main, jib, and spinnaker, were delivered in their sail bags to regatta officials who measured every sail and returned them with a written approval.

The race course for the regatta was on the open ocean, not in Mission Bay and, as soon as we arrived we could see the bay was far too busy and too small for the regatta.

The yacht club is within the red circle and the race course is approximately at the purple circle, about an hour's sail in each direction. The skippers had to navigate through the bay and under a large bridge to reach the racing area.







Boat washing....



And more boat washing.

**On the Friday night, the regatta held a Luau party, appetizers, dinner, dessert, cash bar and, after dinner a 90 minutes performance of Hawaiian dancing including a flame dancer.**



**Ury, Yair, Ely, Jane, and Johanne hiding in the back.**



As people were leaving for the evening, they were just discarding their grass skirts and leis. With the help of all the KYC sailors, I nabbed a bunch and brought them home for our August 30<sup>th</sup> beach party!





All packed up and ready to hit the road. Matt's car is to the right of Menno's. With the help of some of the Californian sailors and some of our Vancouver Lake sailing friends, Matt, Johanne, Menno, and I planned our route home.

We planned our departure to take us through Los Angeles in mid afternoon in the hope we would avoid the worst of a Los Angeles rush hour. It worked and we sailed right through.

We drove to Ventura, on the coast, had a great seafood dinner in a diner on the pier and then a leisurely walk through the town and ended the evening with ice cream. Back to the hotel to prep for an early morning start.

We left Ventura with the sun coming up and the day getting warm quickly. A lovely stop in the little beach town of Morro Bay (where Menno parallel parked the car with the boat attached!); we had lunch on the dock, visited the skate board museum (they had John Lennon's skate board from the late 60s) and then onto Monterey. Monterey, where the marine fog blocked out the sun completely and the temperature dropped drastically – it was 14 degrees when we arrived and met Matt and Johanne. We were staying in a hotel on the dunes but it was too foggy to see anything. We bundled up and walked to a lovely beachy restaurant, had another good dinner and back to the hotel.

Leaving Monterey in the cool fog, we headed inland for a bit and, within 15 minutes, we were in bright sunshine and it started to warm up quickly. Matt and Johanne stayed closer to the coast and travelled



through San Francisco and we drove through Oakland (past the enormous Tesla complex). We met up again in Arcata California and we were back in the cool marine fog.

Next day was a long day, all the way through Oregon, waved to Vancouver Lake as we passed by, and finally stopped in Chehalis, Washington. We were concerned when we arrived because the parking lot at the Best Western had no double spaces, to accommodate the cars and boats but the check-in clerk saw the boats and arranged for the hotel staff to move their cars out of the staff parking at the back where there was lots of room and security cameras. Our last night on the road and we had a picnic in the room, and called it an early night.

Last leg home, we had the boat back in its home spot by early afternoon. It was a great trip, but it was nice to be home!



### **July 19, 26, and August 2**

While I was travelling to and from San Diego, the KYC Staff Captain position was being exceptionally well covered by Beverley Johnston, Judy Morrison, and Marilyn Northrup. With Nolan was on hand providing cheerful and able assistance.

With four Lightnings on a California road trip, there were a number of “regulars” missing from racing and from the clubhouse afterwards but the evenings at the club are always pleasant.

Keeping with the travel theme, Nelly’s provided an Asian themed dinner on July 19<sup>th</sup> and then moved to French cuisine on July 26<sup>th</sup> and returned home to BC on August 2<sup>nd</sup> with a West Coast theme.

Marilyn snapped the following shots.



Kit, relaxing on the deck.



Beverley, patiently reading the small book of instructions I left while I was away. They were not needed in the least.



Cam, Jane and guest.



An interesting sky for members to enjoy while waiting for the boats to come in.

A number of members have mentioned to me that everything ran perfectly while I was away. Many thanks to Marilyn, Judy, and Beverley for all their hard work.



## **August 9**

I forgot my camera so no pictures this week. I get away for a few weeks and can't remember a thing! It was a very hot, steamy night, daytime temperature was close to 30 degrees, but with the windows open and seating on the deck, we all enjoyed the dinner and the evening.

## **August 16**

The weather was a little cooler, although still above the norm.



Nolan pouring a cool libation.



Charles and a guest.



A view of the racing.



Party at the bar at the end of the evening.



Sunset on a beautiful evening.



## August 23

The summer General Meeting is usually held towards the end of August. This year, 55 members signed up for dinner, and a few more joined later for the meeting.

Copies of the agenda, Flag Officer reports, and the financial documents were available in hard copy and Commodore Brian called the meeting to order just after 8p.m. Brian was recovering from a cold and, to give his voice a break, he handed the running of the meeting to our Treasurer, Fred.

The minutes from October's AGM were accepted and approved, the Flag Officers who were present and the Treasurer provided updates and, as there were no votes or long discussions required, the meeting was adjourned at 9:20p.m.

The Annual General Meeting, including the election of officers for the 2019 season, is on Thursday, October 18<sup>th</sup>. More details will be available closer to the meeting date.

## August 30

Hawaiian Beach Party!!Tacky Tropical Hat contest!!

The day started out very cool, about 14 degrees, and very cloudy – not a great day for beach wear and a beach party. We were lucky as the skies cleared, the wind came up, shifty wind, but still wind, and the temperature warmed to around 20 degrees – a little cool but still deck weather.





Nolan standing in front of his great decorating project! (Note: the San Diego Grass Skirts)

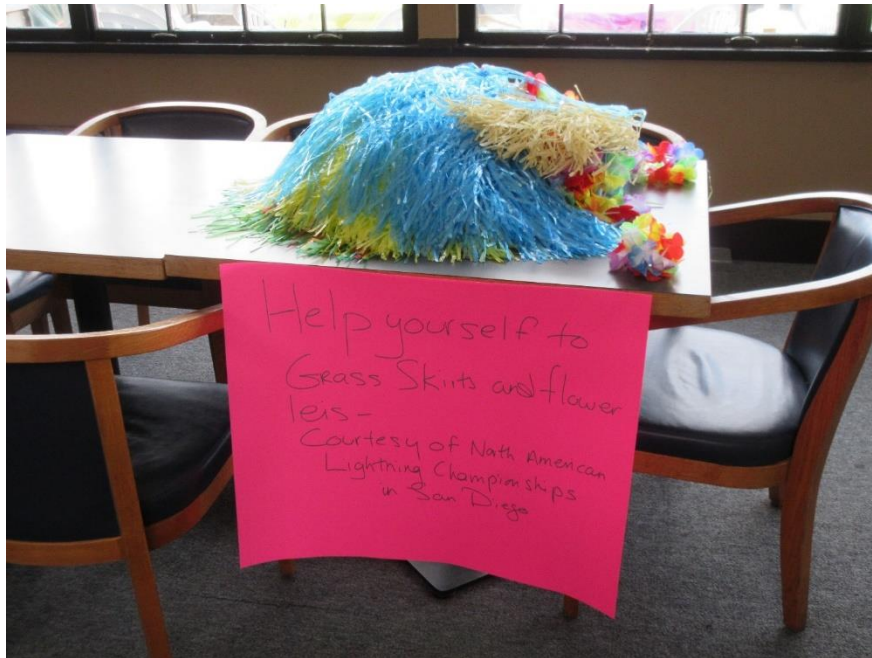


Getting ready for members to arrive.

August 30<sup>th</sup> was Nolan's last Thursday for the season as he starts back at University on September 4<sup>th</sup>. He will be around the club on September 8 and 9 to help with the 505 Championships.

Our Thursday night social activities would not have run as smoothly or been nearly as much fun without Nolan. Many thanks, Nolan! You will be missed.





Tropical treasures rescued from the San Diego luau party.



PHRF race committee member, Bev, appreciating Nolan's decorating skills.





Jane, all decked out for a party on the deck!





The deck looking festive.



Ross and Jane. Ross is holding the Kits Sunset, the signature drink of the evening from Nolan and Rosemary's Tiki Beach Bar.



Members enjoying the deck.





John, wearing his cactus flower, or Aztec warrior hat – he was still deciding which it was.



Rosemary and Nicole.



Ross, Collette, Michael, and Louise ready for the evening.



Barbara and Su.





John, adding to the mystery of the cactus flower or Aztec warrior theme.



Waiting for Nelson and Ed to arrive.





Nelson, with Ed peeking around the edge of the window.



Taishi, getting ready to barbeque.





Ed is ready for the Hawaiian bash!



Nolan serving a Kits Sunset to Nicole.



**Marilyn, on the right, with her Irish cousin.**



**Marilyn, Jane, and Marilyn's cousins. Jane has a very interesting neon purple mustache – it must be that Kits Sunset drink!**

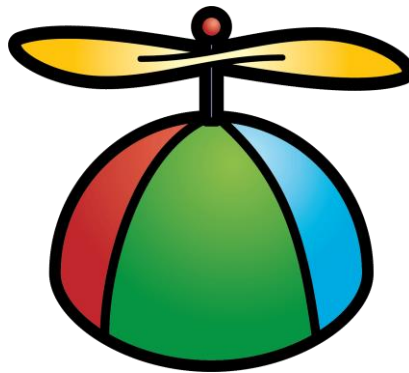




Diana, Jim, and Judy.

**Nelly's provided a great Hawaiian beach party dinner, including the spam fried rice which so many people raved about, and then lovely refreshing platters of fresh fruit for dessert.**

**Then it was time for the tacky tropical hat contest!**



**The Contestants...**



Diana



Jim





John



Judy



Karen



Ray, the winner of the 2017 tacky tropical attire contest





Rosemary and, yes, a bucket counts as a hat.



The contest was judged by audience applause and we had a tie, between John and Ray, for the first round.



And the winner of the KYC Tacky Tropical Hat contest is John, wearing his winning hat, his cactus flower/Aztec warrior hat. Rosemary presented John with the coveted fresh Pineapple in a plastic bucket award.

Many thanks to everyone who participated and came out for the evening!

### **September 6**

The last racing night of the season.

### **September 13**

A number of years ago, KYC started the tradition of holding one last Thursday evening dinner after the end of Thursday night racing. This is always a fun evening with just a touch of bitter sweet – it seems like the racing season just started and here we are wrapping up for another year. Come and enjoy a fine Nelly's dinner, a night on the deck (bring a sweater), and we will send the 2018 Thursday night season off in good style! Hope to see you at the club.

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### **Last Silly Word**

I wondered why the baseball was getting bigger. Then it hit me.

Reading while you sunbathe makes you well red.

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